

Diphenhydramine (Benadryl) Dosage

Indications: Treatment of allergic reactions, nasal allergies, hives and itching.

Weight	Benadryl Liquid 12.5 mg = 5 mL 5 mL = 1 teaspoon	Benadryl Chewable 12.5 mg	Benadryl Tablets 25 mg	Benadryl Capsules 25 mg
20-24 pounds	3/4 teaspoon			
25-37 pounds	1 teaspoon	1 chewable		
38-49 pounds	1 1/2 teaspoons	1 1/2 chewable		
50-99 pounds	2 teaspoons	2 chewable	1 tablet	1 capsule
100 pounds and up		4 chewable	2 tablets	2 capsules

Give every 4-6 hours, as needed, and not more than four times in 24 hours unless directed by a health care professional.

Benadryl comes in a liquid form, chewable form, or as a tablet or capsule.

MEASURING the DOSAGE: Syringes and droppers are more accurate than teaspoons. If possible, use the syringe or dropper that comes with the medication. If you use a teaspoon, it should be a measuring spoon. Regular spoons are not reliable. Also, remember that 1 level teaspoon equals 5 ml and that ½ teaspoon equals 2.5 ml.

ADULT DOSAGE: 50 mg

CHILDREN'S BENADRYL FASTMELTS: Each fastmelt tablet contains the equivalent of 12.5 mg of Diphenhydramine HCL and dosed the same as chewable tablets.